

## Fast-breaking Nimitz races past Reuben James

Story and photos by  
Randy Dela Cruz

Sports Editor

The run-and-gun USS Nimitz (CVN 68) basketball team held USS Reuben James (FFG 57) without a point for the first five minutes of play July 5 and raced away to a 52-21 victory in the championship final of the RIMPAC Basketball Tournament at Joint Base Pearl Harbor-Hickam Fitness Center.

Behind the leadership of point guard Ship's Serviceman 3rd Class Jared Fears, the Nimitz unleashed a baseline-to-baseline attack to take a 17-5 lead in the first few minutes of play before storming into halftime with a 31-8 advantage.

Among the big-time contributors for Nimitz in the first half were Aviation Boatswain's Mate (Fuel) Airman Jacquez Hughes with eight points and Machinist's Mate 3rd Class Ernest Williams, who pumped in 14 points with two three-pointers and a perfect two-for-two at the line.

The team even had excellent bench support from several players including Aviation Boatswain's Mate (Handling) Airman Jordon Riggins, who stepped with a huge splashdown from beyond the three-point arch that gave Nimitz a 12-point lead with 6:40 remaining in the first half.

Williams, who went on to score a game-high 20 points, said that speed was the main reason for the team's success against Reuben James.

"It was easy because we play fast. We don't slow down the game," Williams said. "Pretty much we're just trying to make sure we got every man covered. If we get the chance, we go after the ball. If we get the steal, more than likely, we'll get the easy two points."

Fears said that the constant pressure of the Nimitz makes it hard for the team's opponents to come back once they fall behind.

The swift point guard accounted for only six points throughout the game, but his court leadership and vision triggered the team's frenzied assault.

"All we've done every time we've played is run," Fears explained. "Every team we play against, we want to speed the game up and that starts with me. I've got to keep everybody fast paced, so I've got to keep fast paced."

The team's transition game also translated into a tough man-to-

man defense that held Reuben James without a point until the 11:10 mark in the first half, when Interior Communications Electrician 3rd Class John Clark sank one of two free throws.

In the first half, the Reuben James was held to only two field goals, a lay-up and trey from Operations Specialist Seaman Akeviye Swain, and a total of eight points.

Things didn't get much better for Reuben James in the second half as the team came out of the break even colder. This time Reuben James didn't get a basket until the 9:35 mark, a shot by Swain, in the second half.

Williams said that once his team began to feel Reuben James run out of gas, he and his teammates knew it was time to finish off the game.

"Once they get tied, seems like we catch our second wind," Williams said. "We keep the pressure on the whole game. Until the clock hits triple zeros in the fourth quarter, we got pressure. We just wanted to take this game out and take it out early."

Clark, who scored all of his four points from the charity stripe, said that although the team had just a short turnaround from its tough semifinal matchup offered no excuses.

"It took our legs out a little bit, but that (Nimitz) was just a better team today," Williams admitted. "It was just one of those days. I mean the ball just wasn't falling today. All we can do is get better and come back the next time. Hope we can take it then."

After making it look so easy in the first RIMPAC Basketball Tournament, Fears said that the Nimitz will be ready to defend their title in the second tourney, which will be held when the ships return from exercises in early August.

"We're definitely ready," Fears promised. "Just do the same thing and continue to hoop. That's it."



Photo illustration





Photo illustration

Photos by MC3 Sean Fureyo, Tech. Sgt. Michael R. Holzworth, MC3 (SCW/DV) Jumar T. Balacy, LS Tetsuya Sekino, MC3 Adriana J. Cantu, LAC Amanda McErlich, Cpl. Chris Dickson





*'Capable, Adaptive, Partners'*

photo: [illegible]



# Essex beats CS Lynch to win volleyball cup

Story and photo by  
Randy Dela Cruz

*Sports Editor*

Down by a set, USS Essex (LHD 2) #3 came back to dominate and defeat CS Almirante Lynch (FF 07) of Chile in three sets, 24-25, 25-12 and 15-6, to win the RIMPAC Volleyball Tournament July 6. The tournament which was held over two days at Naval Station Gym, Joint Base Pearl Harbor-Hickam.

Led by the outside hitting of twin towers Information Systems Technician Seaman Kyle Cribbs and Mass Communication Specialist 3rd Class Jacob Wiley, and the service of Quartermaster 2nd Class Jeremiah Pulu, Essex turned a close second set into a rout when the team tallied 10 straight points to take a commanding lead.

"I think our big guys started hitting the ball," said Pulu about the shift in momentum. "We played better defense overall, too, and we kept our serves in."

While Essex seemed to have their way with Lynch in the final two sets, the first match was anything but a runaway.

The lead swayed back and forth until Essex, behind the service of Air Traffic Controller 2nd Class Shanne Arthur-Douglas, scored three straight points to tie the set up at 20-20.

A kill by Ensign Ivan Burns put Lynch back out in front by one, but Essex fought back and served for match point with a 24-23 lead.

However, Essex couldn't seal the deal as Lynch went on to score the final two points of the set to take the first match.

Burns led Lynch with eight kills in the first set.

As in the first match, the second set started off with both teams trading points and leads.



Information Systems Technician Seaman Kyle Cribbs, outside hitter for USS Essex (LHD 2) #3, goes up for one of his many kills against CS Almirante Lynch (FF 07) of Chile in the championship final of the RIMPAC Volleyball Tournament.

Then with the score tied at 7-7, Pulu found his stroke and held service for 10 straight points to turn the game around.

"We needed that because the first game was too close for comfort," Pulu said. "Definitely, (I was) looking for particular weaknesses."

During the run, Pulu recorded two service aces while Wiley added two kills, and Senior Chief Aviation Ordnanceman Tee Tuismatatele put down one kill.

Essex went on to build a 24-11 lead before Cribbs ended the set on a kill at the net.

With the game even at one set apiece, Essex started off the final set right where they left off in the second.

Cribbs opened up the set with back-to-back kills, and Pulu led a five-point run at service that put Essex out ahead at 11-4, forcing Lynch to call a time out.

After a point by Lynch, Essex recorded three consecutive points behind the service of Arthur-Douglas before a miss hit by Lynch ended the game.

Wiley said after what the Essex did in the second set, he knew that the championship cup was well within his team's reach.

Although Essex stumbled a bit in the first set, Wiley said that it was just a matter of time before he and his teammates put

things together.

"It took us a while to get our bearings back," Wiley noted. "Once everything started to flow for us, we kind of locked in to what our game was and pretty much just stomped all the other teams."

Ultimately, Wiley said, Essex just had too many weapons for Lynch to overcome.

"They had one guy, where we had two," said Wiley about pairing with

Cribbs. "So that gave us a leg up. Their one guy would have to rotate out, but we always had at least one guy at the net."

Pulu said that the win was a huge accomplishment for the team and ship and added that it felt great to be at the top once again.

"It's big," Pulu acknowledged. "We had three teams, so one of us had to make it out on top. We won back in 2010, so it's good to say we won in 2012."

# Reuben James takes care of Nimitz in softball finale

Story and photo by  
Randy Dela Cruz

*Sports Editor*

The USS Reuben James (FFG 57) scored three runs in the bottom of the first and fifth innings en route to a 9-5 victory over USS Nimitz (CVN 68) to capture the RIMPAC Softball Tournament championship July 5 at Millican Field, Joint Base Pearl Harbor-Hickam.

In winning the flag, Reuben James had huge contributions from first baseman Lt. j.g. Eric Scoggins and pitcher Lt. j.g. Kyle Alwert.

Scoggins went three-for-four at the plate and drove in three runs with a double, single and triple, while Alwert tossed a four-hit shutout over five innings before holding Nimitz to two runs in the sixth and three runs in the seventh for the complete game win.

"It's awesome," said Alwert amid post-game celebrations. "We're such a small ship. To take out a carrier and other ships and subs that came out here, it's good. We're such a small percentage of our crew."

After Alwert retired the side in order in the top of the first, Reuben James put runners on first and second with one out.

Scoggins stepped up to the plate and sliced a double that, coupled with a throwing error, drove in the first two runs of the game.

Then, with Scoggins moving to third on the errant toss, Alwert came up to the plate with two outs and slapped a base hit to drive in the team's third run.

The lead stayed the same until the bottom of the fifth when Reuben James mounted another rally by placing runners on first and second with one out.

Once again, Scoggins delivered by slamming a



USS Reuben James (FFG 57) left fielder Boatswain's Mate Seaman Daniel Cardona beats out a close play at first as USS Nimitz (CVN 68) first baseman Aviation Boatswain's Mate (Fuel) 3rd Class Kyle Brown stretches to reach the ball.

clutch three-bagger to plate two more runs and raise Reuben James' lead to 5-0.

"I changed my approach a couple of games ago," said Scoggins about his clutch hitting against the Nimitz. "It worked out for me the last two games. I made some good contact and was able to get us some key runs."

Scoggins scored for the second time in the game when the next hitter Seaman Chase Gordon came through with a single for the third run of the inning.

Down by six runs, Nimitz bats finally broke through in the top of sixth inning when

Aviation Boatswain's Mate (Equipment) 1st Class Mike Ziegman hit a single to drive in the team's first run.

Later in the frame, Aviation Boatswain's Mate (Handling) Airman Robert Stevens drove in the team's second run with another single that cut Reuben James' lead down to four at 6-2.

With the momentum seemingly swinging toward the direction of Nimitz, Reuben James stepped up and regained control by scoring three times in the bottom of the sixth.

Left fielder Boatswain's Mate Seaman Daniel Cardona led off the inning with a

single before Interior Communications Electrician 2nd Class Chris White doubled to drive him in.

Then with White on second, Electrician's Mate 2nd Class Jake Alicuben, a member of the 2011 All-Navy team, lined a shot that got through the Nimitz center fielder and rolled to the fence.

White scored easily on the play and was shortly met at home plate by Alicuben, who sped around the bases for an inside-the-park home run.

"A lot of us have played together for a year and we, as a team, realize how

important it is to answer back," said Scoggins about the late rally. "We knew that was important, and we were able to accomplish it."

Facing the team's last at-bat in the top of the seventh, Nimitz gave it one last-ditch effort to catch Reuben James.

Opening with a lead-off single by Aviation Boatswain's Mate (Fuel) 3rd Class Kyle Brown, Nimitz scored one run off of an error, another on a double by Aviation Boatswain's Mate (Handling) Airman William Petersen, and a third run on a single by Aviation Boatswain's Mate

(Handling) 3rd Class Jeff Atkins.

However, the rally fell short after Alwert induced a fly ball for the final out of the game.

In wrapping up the title, Alwert praised the effort of his teammates and said that he knew the team would perform well in the tournament.

"We're a good solid team," Alwert stated. "We've been playing in the intramural league and actually won the championship (Afloat Division), so I was very confident in our abilities. We came out here, fielded well, hit well, so it was good games."



PEARL HARBOR-HICKAM

Maniawa Nanea

LEISURE

Morale Welfare & Recreation

Movie Showtimes

Community Calendar

🏆 HMYAA NFL FLAG FOOTBALL

Registration for HMYAA NFL Flag Football will be held through Aug. 3, and the season runs September through December. Registration is open to ages 7-18. The cost is \$65, and includes NFL jersey, shorts and medal. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

🏆 SNORKELING SHARKS COVE

A free snorkeling trip to Sharks Cove with Liberty will be held Saturday. Depart Liberty Express at 7:45 a.m., Beeman Center at 8:15 a.m., Instant Liberty at 8:30 a.m., and Makai Rec Center at 8:45 a.m. This event is for single active-duty Sailors and Airmen only. FMI: 473-2583..

🏆 SAILING ORIENTATION

Join experienced skippers from 9 a.m. to 3 p.m. Saturday and learn the basics of sailing. The sail begins at Hickam Harbor Marina and goes to Diamond Head and back, checking out Waikiki and the south shore. The cost is \$75 per boat with a limit of four per group. FMI: 449-5215.

🏆 FLOAT DAY

Come to the Arizona and NCTAMS pools Saturday from 11 a.m. to 5:30 p.m. and escape the July heat. Floats will be provided. FMI: 472-7582 or 653-5306.

🏆 GLOW BALL

Try nighttime golf Saturday at the Ke’alohi Par 3 Golf Course starting at 7 p.m. The cost is \$20 for adults, \$15 for juniors (ages 17 and younger). FMI: 448-2318 to register.

🏆 HICKAM FIELD HISTORICAL TOURS

Historical tours of Hickam Field will be held Wednesdays, July 18 and 25, from 9:30 a.m. to 12:30 p.m. The cost is \$45 for adults and \$35 for children ages 3-11 years old. The tour are free for children 2 years and younger. They depart from ITT-Hickam and Royal Alaka’i Lodge. Pick-up is available at Hale Koa Hotel for an additional \$10 per person. FMI: 448-2295.

🏆 OPERATION HELE ON

Makai Recreation Center will hold a mock deployment for children ages 9 to 14 on Aug 17, from 7:30 a.m. to 4 p.m. This free event includes a mobility processing line, issuing of dog tags, mobility bag drag, boarding a cargo aircraft, medical moulage, bomb squadron demo and more. Registration runs July 16 through July 27. Space is limited. It is open to dependents of active duty personnel, retirement and Department of Defense civilians. FMI: 449- 0300.

🏆 JOINT BASE PEARL HARBOR-HICKAM HALF-MARATHON EARLY REGISTRATION

Early registration for the Joint Base Pearl Harbor-Hickam Half-Marathon ends July 21. The half-marathon will be held Aug 11 starting at 6:10 a.m. at Earhart Track. Sign up online at [www.greatlife hawaii.com](http://www.greatlifehawaii.com) or at the Hickam Fitness Center. FMI: 448-2214.

For more information on events, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

🏆 August

🏆 18 ~Bellows Air Force Station’s second annual biathlon will take place starting at 7:30 a.m. Aug. 18. The entry fee is \$25 for individuals and \$35 for teams. There is a \$5 discount for entries received/postmarked by Aug. 4. Register for the event by Aug. 11. FMI: [www.bellowsafs.com](http://www.bellowsafs.com).

🏆 18 to 19 ~ Visitors are invited to attend the free Pacific Aviation Museum Pearl Harbor’s fifth “Biggest Little Airshow” from 10 a.m. to 4 p.m. Aug. 18 and 19. This year the airshow celebrates the Centennial of Marine Aviation and the Centennial of Women in Aviation. FMI: 441-1008 or [www.PacificAviation Museum.org](http://www.PacificAviationMuseum.org).

🏆 At a glance

🏆 Due to construction work being done on the building, the Navy Marine Corps Relief Society Thrift Shop has temporarily changed its hours. The thrift shop is only open on Thursdays and Fridays from 8 a.m. to 1 p.m. The shop will also be open the second Saturday of the month from 8 a.m. to 1 p.m. It will resume regular hours next spring when the project is expected to be completed. FMI: 473-0282.

🏆 South Avenue will be repaired and repaved from Port Royal Street to Nimitz Gate. Work began July 9, and is expected to be concluded in September. Drivers are expected to obey all warning signs and take extra caution while driving near road construction. FMI: Lt. j.g. Gil Barron at 341-2480 or email [gilbert.barron@navy.mil](mailto:gilbert.barron@navy.mil).

🏆 New this summer at Pacific Aviation Museum Pearl Harbor is “happy hour at the museum” Fridays and Saturdays from 4 to 6 p.m. The event coincides with RIMPAC 2012. The museum’s Laniakea Café will be serving specials such as a limited dining and snack menu. FMI: 441-1007 or [SpecialEvents@PacificAviationMuseum.org](mailto:SpecialEvents@PacificAviationMuseum.org).

🏆 Tickets for the 2012 Air Force Ball are now available. The event will be held Sept. 14, at Hilton Hawaiian Village in Waikiki. Tickets cost \$95 per person. FMI: Senior Master Sgt. Theodore Guillory at 233-9436.

🏆 The Department of the Interior is offering free annual passes for national parks to active duty military and their family members with ID cards. This promotion is in conjunction with the “Joining Forces” initiative. FMI: <http://store.usgs.gov/pass/military.html>.



Snow White and the Huntsman (PG-13)

Snow White is the only person in the land fairer than the evil queen, who is out to destroy her. But what the wicked ruler never imagined is that the young woman threatening her reign has been training in the art of war with a huntsman who was dispatched to kill her. Joining her is the prince, long enchanted by Snow White’s beauty and power.

SHARKEY MOVIE THEATER

TODAY

7:00 PM Battleship (PG-13)

SATURDAY

2:30 PM Snow White and the Huntsman (PG-13)

5:00 PM What to Expect When You’re Expecting (PG-13)

7:00 PM The Dictator (R)

SUNDAY

2:30 PM Men in Black 3 (PG-13)

4:45 PM Battleship (PG-13)

7:15 PM Chernobyl Diaries (R)

HICKAM MEMORIAL THEATER

TODAY

6:00 PM Snow White and the Huntsman (PG-13)

8:30 PM Dark Shadows (PG-13)

SATURDAY

4:00 PM Battleship (PG-13)

7:00 PM Marvel’s The Avengers (PG13)

SUNDAY

2:00 PM Snow White and the Huntsman (PG-13)





# Empathy, respect, communication create harmony in workplace

Andrea Hantman

Joint Base Pearl Harbor-Hickam  
Civilian Employee Assistance  
Program

Emma felt her body tense as John lunged over her desk red-faced and angry. “You get this to me tomorrow or else!”

She was afraid. In her family, anger meant violence. She remembered her dad coming home drunk and punching the wall. Emma had been in abusive relationships in the past.

She did not want to tangle with this man. She learned to be indirect, back down and avoid conflict.

Emma could feel herself shaking. Later she shared what occurred with her office friends. They were supportive. When John dropped by,

they looked at him anew. The office gossip spread.

John had a different perspective of course. He had asked Emma for this work weeks ago. He came from a family where communication was direct and if someone couldn't do something, they told him. They didn't avoid. He felt undermined.

Now he would look bad to his boss and ineffective to the people he supervised. He didn't know how to get through to her. Something had to be done.

Frustration, anger and feeling undermined, embarrassed or disrespected can occur in any work setting. Here are some suggestions:

- Get clear within yourself regarding the issue and approach.
- What do you want to accomplish?
- Look at the conflict through the

other person's eyes. There are always two sides.

- Check your own behavior to make sure you are not responding passive-aggressively or otherwise contributing to the problem.

- Employ healthy self-talk. Don't “build a case.”

- Make an appointment to talk with the person directly when feasible.

- Treat your co-workers with respect, “guilting” “shaming” or bullying.” Adult-adult communication works best for work matters.

- Nurture relationships.

- Be inclusive rather than exclusive.

- Be aware of and honor personal boundaries.

- Listen fully, assume positive intent, work toward mission goals in a spirit of teamwork.

## 10 ways to work exercise into your life

Shari Lopatin and  
Meghean Cook

TriWest Healthcare  
Alliance

Between your job, your kids and maybe even your deployed spouse, you often wonder how you can exercise more - or even at all.

Perhaps if the day expanded to 48 hours, regular exercise would seem more reasonable. Since that won't happen, here are some tips to work more exercise into your busy life.

- Make it a priority.

Schedule time in your calendar for the week, and keep it like any other important appointment.

- Make a plan. What days will you exercise? What will you do? How long?

There are 1,440 minutes in the day. Can you find 30 minutes to exercise?

- Get an exercise partner. When you know someone is relying on you, you are less likely to skip your workout.

- Try exercising in the morning. As the day goes on, many things can happen to derail your plans for an after-

noon or evening workout.

- Sign up for a class or a local 5k race. If you are financially invested, you will be less likely to skip the exercise session.

- Find something you enjoy. Try something new and exciting. Remember, exercise does not have to be in a gym.

- Squeeze in bursts of exercise throughout your day. Use a 15-minute work break or 15 minutes of your lunch to walk. Or use the stairs instead of the elevator ... you get the drift.

- Exercise while you watch TV. Lift weights or

use commercial breaks to complete push-ups, sit-ups or jumping jacks.

- Keep a pair of walking shoes with you (at work, in the car). This way you can take advantage of any time you have to squeeze in exercise.

- Get your family involved. Walk or ride bikes after dinner—together.

- Keep track of your exercise to see your progress.

For more tips on living a healthy life, visit TriWest's Healthy Living Portal at [www.triwest.com/en/beneficiary/healthy-living/](http://www.triwest.com/en/beneficiary/healthy-living/).

## Junior enlisted, families can receive free goods at Sailor's Attic

Navy Region Hawaii

Plan of the Week

The Sailor's Attic is a facility where junior enlisted (E-5 and below) and their families can go to receive donated goods for free. It is located inside the Makalapa Gate in building 1514 (across the parking lot from the Makalapa Medical Clinic).

If you are in need of any items, stop by during their hours of operation (Fridays and Saturdays 10 a.m. to noon). Donations can only be dropped off during the hours of operation. Volunteers are also needed.

The Sailor's Attic will accept the following items in good condition:

- Clothing (men, women, children)
- Baby items (walkers, high chairs, cribs, etc.)
- Furniture
- DVDS
- Games, toys, books
- Kitchenware (plates, cups, glasses, silverware, pots and pans, etc.)
- Small appliances (toasters, microwaves, coffee makers, blenders, etc.)
- Linens (towels, blankets, sheets, curtains, etc.)
- Bathroom items/decor (shower curtains, rugs, etc.)
- Home decor (pictures, frames, knick knacks, etc.)
- Electronics (TVs, DVD players, computers, monitors, printers, etc.)

For more information, contact CS1 Davidson at [lakia.davidson@navy.mil](mailto:lakia.davidson@navy.mil) or call 473-5995.

## WHO SAID IT?

“Always desire to learn something useful.”



Last Week's  
**WHO SAID IT?**

“Innovation distinguishes between a leader and a follower.”

Steve Jobs

## This Week's Trivia

Why is a ship's sick-list called a “binnacle list?”

**Last Issue's Question:** When did Dr. Robert H. Goddard receive a U.S. patent for a two-stage solid-fuel rocket?

**Answer:** On July 7, 1914, Goddard received the patent. On July 14, the government issued another patent to Goddard for a liquid-fueled rocket design.

## My Favorite Photo...

Photo courtesy of Kathryn Cmehil

Kathryn M. Cmehil recently took this photo in her grandparents' yard in Mililani at about 6:45 p.m. and she named the picture “The Last Rays of Light.” She is a 13-year-old who recently completed the seventh grade. She is the daughter of a retired U.S. Navy chief petty officer and the granddaughter of a retired U.S. Air Force colonel. She recently visited her grandparents in Mililani.

### How to submit

Do you enjoy taking pictures and have a favorite photo? Would you like to see it featured in Ho'okele?

Here is your opportunity. Submissions must be from people affiliated with the military services, including active duty, family members, Reserve, retired and Department of Defense civilians, etc.

Your favorite photo can be just about anything, but keep in mind that it should be in good taste. We aren't looking for posed family shots or group shots. But if you have a photo that you think is interesting and creative, here is your chance to see it published.

Photo submissions will be reviewed by Ho'okele editors who will determine if/when they will run in the newspaper. Along with your photo, please send a little bit of information about the photo, such as where it was taken or any interesting details. Also include the name of the photographer and contact information.

Please send your photos to [editor@hookelenews.com](mailto:editor@hookelenews.com) and “cc” Karen Spangler, managing editor, at [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil) and Don Robbins, assistant editor, at [d Robbins@hookelenews.com](mailto:d Robbins@hookelenews.com).

Brush up on your photography skills. Ready, set, shoot!



Online

<http://www.hookelenews.com/> or visit

<https://www.cnmc.navy.mil/Hawaii/index.htm>





# This Week in USAF and PACAF History

Charles Nicholls

PACAF historian

- Between July 13 and 21, 1921, Brig. Gen. William “Billy” Mitchell’s bombers sank several ships off the Virginia Capes. The tests studied the use of bombs on ships to suggest how ship design could counter an air attack. The bombers sank a German submarine, the destroyer G-102, the light cruiser Frankfurt and the battleship Ostfriesland, proving that aircraft could sink capital ships.

- On July 11, 1955, the Air Force Academy admitted its first class of 306 cadets. Classes were held at Lowry Air Force Base in Colorado while the academy campus was built north of Colorado Springs.

- The Air Corps Tactical School moved from Langley Field, Va to Maxwell Field, Ala on July 15, 1931. It produced most of the Air Corps’ doctrine during the 1930s, including the concept of long-range, high-altitude daylight precision bombing of selected military and industrial targets—the fundamental strategy of the Army Air Forces in World War II.

- Operation Blue Bat, the first U.S. military operation in the Middle East since WWII, began on July 15, 1958. After the fall of the Iraqi government brought civil unrest to the region, Lebanon’s president asked for U.S. assistance. President Eisenhower authorized Operation Blue Bat in which U.S. forces secured Beirut’s air and seaports. TAC’s Composite Air Strike Force BRAVO deployed to the Middle East in 12 hours. By September, MATS had airlifted 5,500 passengers and 5,500 tons of cargo in 314 missions to support the strike force. The intervention resulted in political negotiations that produced years of peace.



Brig. Gen. William “Billy” Mitchell’s bombers sank the German battleship Ostfriesland in July, 1921

- An A-7D from the 354th Tactical Fighter Wing flew the last aerial combat mission of the Vietnam War on July 15, 1973. Altogether, the USAF flew 5.25 million sorties over South Vietnam, North Vietnam, Laos and Cambodia. The USAF lost 2,251 planes—1,737 to hostile action and 514 for operational reasons—at a cost of \$3,129,948,000. During the Vietnam War, tactical or intratheater airlift carried seven million tons of passengers and cargo from 1962 to 1973. Between 1964 and mid-August 1973, air rescue operations in Southeast Asia saved 3,883 lives. And from June 9, 1964 through August 15, 1973, KC-135s flew 194,687 sorties to supply 8,964 million pounds of fuel during 813,878 refuelings. They also routinely airlifted people, equipment and aircraft parts between the U.S. and bases in the Far East and Southeast Asia.

- Cope Thunder I, the first of a series of realistic air combat exercises, began at the Clark/Crow Valley range complex in the Philippines on July 12, 1976. Cope Thunder was a way to give

aircrews their first taste of warfare and quickly grew into PACAF’s “premier simulated combat airpower employment exercise.”

Since most combat losses had historically occurred during an aircrew’s first eight to 10 missions, the goal of both Red Flag in Nevada and Cope Thunder was to simulate those first missions, increasing aircrew survival rates in real combat.

Cope Thunder moved to Alaska in 1992 after the Mt. Pinatubo volcanic eruption and the closure of Clark AB. Cope Thunder was redesignated Red Flag – Alaska in 2006.

After its long, successful island campaign across the Pacific, 7th Air Force moved to Okinawa and was assigned to the Far East Air Forces for missions against Japan on July 14, 1945.

- On July 13, 1950, an Air Weather Service RB-29 led the first strategic bombing strike from Japan against North Korea. Fifty B-29s attacked the port of Wonsan.

- A prototype Minuteman ICBM interceptor successfully targeted and destroyed

an unarmed Minuteman II ICBM over the central Pacific on July 14, 2001. Ten minutes after launch, the interceptor, traveling at 15,000 mph and more than 140 miles in altitude, destroyed the warhead.

- On July 14, 2011, the Department of Defense’s first F-35 Lightning II Joint Strike Fighter (JSF) touched down at its new home at Eglin AFB in Florida, marking a major milestone in the nation’s military history. The pilot, Lt. Col. Eric Smith of the 58th Fighter Squadron, became the first qualified F-35 pilot in the USAF.

Upon arrival, the jet became part of the Air Force inventory and the 33rd Fighter Wing, the JSF training unit. The aircraft was to be used for training F-35 pilots and maintainers at Eglin’s F-35 Integrated Training Center.

This center had training equipment, support, systems and facilities for all three F-35 variants, with plans for a full spectrum of the latest courseware, electronic classrooms, simulators and flight events for F-35 pilots and maintainers.

Earth tip:

## Picking up litter makes a difference, sets example

Rebecca Hommon

Navy Region Hawaii Environmental Counsel

Picking up litter really does matter. We all get tired of picking up other people’s litter, from cigarette butts to plastic bags to fast food wrappers and cups. It’s especially troubling when found on the beach.

Pallets burned for a night campfire leave hundreds of nails that may hurt children digging in the sand. Dirty diapers are just about the ugliest thing to encounter.

Photos on the Web show bird carcasses filled with bits of consumed plastic. Small plastic bags blowing around often attract pecking birds, entangling their feet or beaks.

Picking up litter is not a direct way of changing others’ behavior, but every effort communicates a positive action that others can choose to follow. Thanks for being part of the positive demonstration.

## Blood drive schedule

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Program (ASBP). Dates and locations are updated regularly online as new drives are scheduled. Donors are encouraged to schedule an appointment online, call to make an appointment, and check the website for the latest information.

Currently scheduled drives include:

- July 16, 9 a.m. to 1 p.m., Marine Corps Base Kaneohe Hawaii, base chapel.
- July 17, 11 a.m. to 3 p.m., Schofield Barracks Exchange.
- July 18 and 19, 7 a.m. to noon, 84th Engineer Battalion, building 175, Schofield Barracks.
- July 24, 9 a.m. to 1 p.m., 647th Logistics Readiness Squadron, Joint Base Pearl Harbor-Hickam.
- July 25, 9 a.m. to 1 p.m., SPAWAR Hawaii.
- July 31, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.

For more information, call 433-6699 or 433-6148 or email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil).

## STORY IDEAS?

Contact the Ho’okele editor for guidelines and story/photo submission requirements

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